



7 Ways to Unwrap the Gift of Wonder

1. Watch a sun rise and thank God for painting the sky for you.

Psalm 90:14: "With every sun's rising, surprise us with Your love, satisfy us with Your kindness. Then we will sing with joy and celebrate every day we are alive."

2. Pick fresh flowers (or buy some) and put them on display.

Matthew 6:28-29: "See how the flowers of the field grow. They do not labor or spin. Yet I tell you that not even Solomon in all his splendor was dressed like one of these."

3. Build a sandcastle or take a walk barefoot in the sand.

Psalm 139:17-18: "How precious to me are your thoughts, God! How vast is the sum of them! Were I to count them, they would outnumber the grains of sand"

4. Lie beneath the stars and try to count them.

Isaiah 40:26: "Look up into the heavens. Who created all the stars? He brings them out like an army, one after another, calling each by its name. Because of his great power and incomparable strength, not a single one is missing."

5. Listen to the sound of children's laughter

Proverbs 17:22a: "A cheerful heart is good medicine..."

6. Read Psalm 8 aloud. Let the words echo in your ears and sink into your soul.

Psalm 119:103: "How sweet are your words to my taste, sweeter than honey to my mouth!"

7. Skip stones in a pond or toss rocks in a mud puddle.

Psalm 62:2: "Truly he is my rock and my salvation; he is my fortress, I will never be shaken."